

FENGSHUI & YOUR LIVING SPACE

FIND OUT HOW TO IMPROVE THE *QI* IN YOUR HOME FOR GOOD HEALTH AND PROSPERITY.



The basic principle of fengshui is simple: to find and harness energy, also known as life force or *qi*. Consultants and practitioners of fengshui such as Ms Adelina Pang of Adelina Pang Fengshui Consultancy adhere to classical fengshui principles, believing that different people experience different levels of positive and negative *qi* in their working and living places.

In general, a home with good *qi* should be bright and airy, with windows that let in natural light. There should also be a spacious main door and an uncluttered doorway.





BASIC KNOW-HOW FOR ROOMS

Although furniture and interior design don't play a pivotal role in fengshui, their *qi* is important to the owner. A living room should be a welcoming space with clean lines and touches of the owner's personality.

The kitchen is another area where the flow of *qi* is important. This is where good food is prepared for healthy and prosperous living so placement and layout should be well thought out. A stove should not be located next to, behind or above a bathroom as that can cause stomach problems. If it is directly in front of the bathroom, the door should be kept closed or a live plant placed within.

In the same vein, bathrooms should always be kept clean and bright, as opposed to dark and dank. A spacious, uncluttered bathroom encourages rejuvenation and relaxation.

Bedrooms are personal spaces and thus, must be conducive for rest. They should preferably be regularly shaped, with a bright space outside to circulate and collect *qi*.

Within the room, the bed is a key element so the

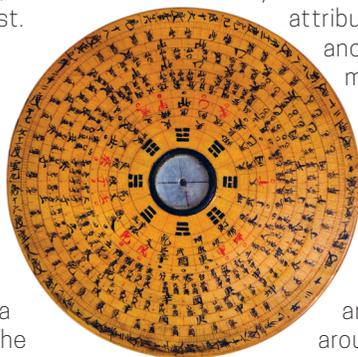
headboard should be backed by a large wall, and not placed facing the bedroom entrance. A bed or work desk should not be in the direct path of the door as that induces poor health and concentration. It is also important for the bedroom to have windows to let in natural light.

PROFESSIONAL INTERVENTION

In order to create the best fengshui in your living space, deeper readings have to be done by professional consultants. They will find out the specifics of your personal fengshui to devise solutions to harness good *qi*.

To enable this, a series of geomancy investigations are conducted to determine how the yin and yang *qi* of the occupants are balanced with the immediate environment. Solutions are then formulated to bring greater harmony to areas that are not optimal.

By matching personal attributes with ancient calculation methodologies, fengshui masters apply appropriate principles in their solutions. These help to maximise positive energies within ourselves and the environment around us.



ADELINA PANG FENGSHUI CONSULTANCY

www.adelinapang.com

7 Temasek Boulevard
Suntec Tower One
#44-01 The Penthouse
Singapore 038987
Tel (65) 6430 6766
Email
enquiry@adelinapang.com



ADELINA PANG
FENGSHUI CONSULTANT

One of Singapore's foremost fengshui experts, Adelina Pang has been active and respected in the field since 1995. She studied under several renowned masters in Asia before venturing out on her own, and believes in authentic fengshui principles grounded in the original concepts of positive and negative *qi*. This has been greatly impactful to the many who have sought her consultations.

SERVICES

- Business consultation
- Home consultation
- Overseas consultation
- Fengshui site selection
- Online consultation